



## Head First .....

It is really pleasing to look back at this term and indeed the very end of the Autumn term and to see all of the events and activities that our students have been involved with.

I am particularly pleased that so many residential trips were and will continue to be able to happen again. These form such an important part of the students' education bringing alive their learning. They are also some of the most memorable and enjoyable parts of school life for so many students, I am sure that many parents still remember those school trips from their own school days. There has been so many different events both in school and beyond. The school's Young Enterprise Team have been incredibly successful in their endeavours as seen in previous editions of ASPIRE but this term have come 2nd in the Regional Young Enterprise Dragons Den competition an amazing achievement for our Year 10 students up against teams of mainly 6th form students. We have had the chance to be reflective through our annual Prayer Space and taking part in the Dora Love Prize, working on raising awareness of the Holocaust. The MfL department have run a wide and varied catalogue of events including our very popular Polyglot club. This with all of the curriculum events and the activities from the Art/DT department really has made this term such a busy but fulfilling time for our students.

I hope you enjoy reading and seeing all of the things our amazing students have been involved in and as ever my thanks to all of the staff who work so hard to make these "extras" happen. It really does allow our pupils to "live life in all its fullness".

**Simon Martin**

"For God gave us a spirit not of fear but of power and love and self-control.

2 Timothy 1:7

## "What makes DHS" Poem

### "Educational"

We think of school as being a place where we learn and spread out scholastic wings into an almost endless pool of information right at our fingertips but how I see it is that each part of the educational system relies on one another to function and must be treated with equal effort and precision as well as a fine spread of devotion.

A lack of effort and dedication leaves a damaged knowledge of that particular subject.

So if we take a slice of teaching, and fill it with nurturing, kindness, creative people and mix it in with some drive, knowledge, skill and some courage you will achieve goals.

Spread a layer of kindness, build friendships, and develop confidence, trust and believes to aspire your full potential.

Drizzle a bit of brave, lead your way through a secure safe place in education to learn, to achieve, to aspire to be proud.

Whether its in English, Maths, Science, Geography, R.E, History, Computing, Music, Drama, or D.T whatever subject it maybe, through honesty, belief, knowledge, skill, drive, and determination you can achieve.

Finally blend and whisk all these together and allow to settle over a little time and serve with pride, passion, and confidence. Sit back and reflect on what education has taught you and what you have achieved.

Note – All the ingredients used are all important. And remember that with these, these will only work with belief.

Warning – By not treating everyone as you would like to be treated through kindness can affect those around you.

Lewie Stewart-Cutting, Y8

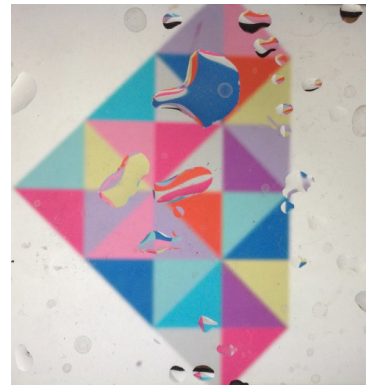


# Year 9 Art & Textiles Workshop



Each year a small group from each year group in KS3 are invited to take part in a trip or workshop within the AD&T faculty.

Year 9 group took part in a photography workshop where they explored lighting, special effects and camera techniques. The resulting photos were creative and really unique. Students then printed their favourite photos onto material and spent the next workshop learning how to embroider the work by hand and by machine.



We were so impressed by the work produced by everyone and were so pleased everyone had such a good day.





# Visiting German teacher .....



My name is Dani Poertzel and I am a German and English teacher at Humboldt School in Leipzig, Germany.

In 1999/2000 I was a language assistant in Hertfordshire and now, after 23 years, I was curious to find out what has changed in English schools since. This is why I applied for a three-week placement and got allocated to Debenham. I have never been to Suffolk before and was very excited to discover this part of the country. After my three weeks stay I can say that I absolutely fell in love with this region, even in icy January. I assume this may be attributed to the warm-hearted people I have met here.

During my stay I was allowed to watch various lessons. I was especially interested in seeing some English and foreign language lessons since I am teaching these subjects in Germany. But I soon found out that it was so thrilling to observe subjects that we do not teach at our school. It was great to watch students sewing their own kites, performing in their drama lesson or learning about break-even points and revenues.

I was not only interested in seeing what the English school life is like but also in raising interest in my home town, culture and language. I was absolutely delighted to share my knowledge and personal experiences about life in the GDR and the Peaceful Revolution with some of the History classes. Moreover, it was a lot of fun talking about English and German cognates with the Year 8 and 9 students during their English classes and I definitely enjoyed presenting some new German words to the Year 7 German classes.

One of my highlights was running a Polyglot Club session in which we played a German game, practiced German tongue twisters and tasted a German cake. I really adore this idea of raising the students' awareness for the variety of languages and of showcasing the benefits of speaking them – even if we are not proficient. I am definitely going to steal Ms Giles' idea and set up a Polyglot Club at my school when I go back to Leipzig.

I'm returning to Germany utterly grateful for the abundance of interesting impressions, encounters and experiences. Thank you so much for having me at Debenham High School. Special thanks to Ms Woodhouse and Ms Giles for hosting me and to Ms Giles for setting up this brilliant cultural exchange.





# Prayer Space



In January, we once again hosted our annual Prayer Space event where all students had the opportunity to stop, reflect and consider what prayer is, both to themselves and others. This year the Boulter Room

was converted into four zones, each with a specific focus, such as our environment. In this zone, a real highlight (and show of bravery for many!) was trying some nsheema, which is a food consumed in many impoverished African communities. Students also reflected on their hopes, aspirations and prayers about their future as well as being given space to think about who they need to forgive and some of the worries they have.

As ever, our students conducted themselves brilliantly and engaged with the space with care and respect. Our deep thanks go to Tim Warnock and Rev. James, our School Chaplains, as well as Gavin Moss from Bury Christian Youth, for their time, care and support of our school community in this manner.





# Prayer Space



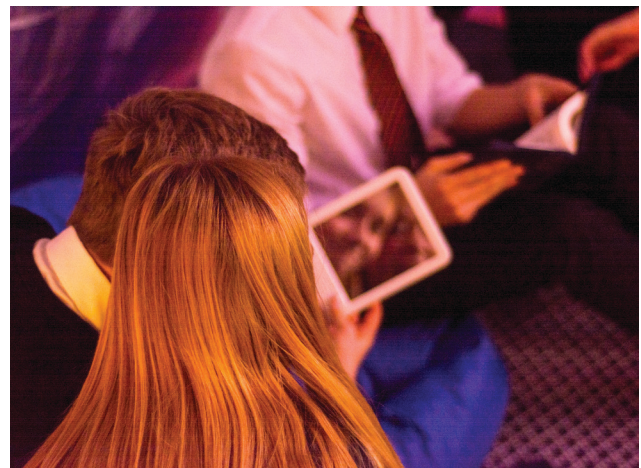
Here are some reflections from a range of students:

“I found the prayer space a great opportunity to reflect on the past year. Also, I found it a great place to think about my own future and how I connect to God. It was a great place to forgive and look deep inside yourself to find who you need to forgive or what you really want to do in life which would make you happy and consider your relationship with God”

“It provided a safe environment to process my feelings and share my views on worldwide events and religious attitudes”

“I found it interesting tasting the nshema and thinking about being grateful for what I get to eat”

“The weights and bags allowed me to think about getting rid of excess worries and stresses”





# Year 7 History Trip

Year 7 enjoyed an informative and interactive day at Colchester Castle Museum on 25th January. Students were taken into the dungeons to find out about the Roman involvement in the town of Colchester (or Camulodunum). They found out about the temple built in honour of Claudius and marveled at the scale of the building (it had been built with epic proportions). This same temple was the supposedly safe place the town's inhabitants hid in when Boudica visited with revenge in her heart - it didn't end well for those seeking sanctuary!



Students worked to build Iron Age roundhouses and Roman villas, considering the underfloor heating of the Romans and the environmentally friendly building materials of those from the Iron Age. They carefully pondered the structure of the castle - which parts were for defence and which had been amended much later to make it a luxurious home? They found out how the castle had been used over the years - a place of siege during power struggles in the Middle Ages, a prison and place of torture during the Civil War and the witch-hunts led by the Witchfinder General and local man, Matthew Hopkins. The eagle-eyed also spotted evidence of the castle's use as a place of refuge during air raids in World War II. Students were also busily filling in their booklets, finding answers



to questions from the information on the vast range of displays. They enjoyed the opportunity to get into costume, feel the weight of chain mail and see the castle as it would have been at different points in its past through the use of interactive iPads.

It was a joy to spend the whole day with Year 7, getting hands on with a great span of history and sharing in their excitement, curiosity and discovery.



# Year 7 History Trip





# The Green Team

The Green Team have been collecting empty sweet tubs for the tub2pub campaign. A fantastic way to recycle and raise money and awareness for this amazing charity. At the most recent count we have collected 117 tubs. Thank you to everyone who has saved them for us.

**During March** we will hold a series of events and activities to highlight climate awareness. Keep an eye on your emails for more information.

Tub2Pub collection for Macmillan Cancer Support. Image: Alice Blackburn and Edith Smith Senior Prefects for The Green Team and new recruits Isla Bush and Leila King show some of our hoard of plastic tubs.



# Friends of DHS

Thank you to the parents who joined us for our first meeting of 2023.

We are eager to begin another year of fundraising and really excited about the new ideas we have in the pipeline.

We are so grateful for the continued support we have received from the students, the parents and our community.

The raffle was a great success, particularly for these lucky winners £100 cash - Mrs Tracie Norman, Alcohol hamper - Mrs Easton and the Chocolate hamper - Mrs Stiff and congratulations to all those who received a host of wonderful prizes.

We remain committed and focused on our goal of purchasing a new minibus for the school and hope to make great strides towards achieving our target this year.

It is also incredibly important to us that we continue to put the students and their families at the centre of everything we do, whether that's organising a fun activity for the pupils or offering second hand uniform to support families, we hope to have a positive impact on everyone connected to this wonderful school. Similarly, we endeavour to strengthen the ties between us and the local community.

We have lots of new events coming up including a Pop-Up Tuck Shop (with extra prizes to be won) and our annual Chocolate Bingo! We will also be supporting the prom committee with their event on Thursday 2nd March 2023. We wish them a huge success with their fundraising efforts and will endeavour to help as much as we can.

We will be updating our website so that we can keep you updated with all of the latest information and progress towards our goal. Please follow us on Facebook and get in touch if you're able to offer any help or new ideas.

Thank you for your continued support.

Dominique , Secretary FODHS



# Year 7 Art



Year 7 students have made a brilliant start in their Art lessons looking at imaginary landscapes and the animals we might find. I wish we could visit some of their lands!





# Polyglot Club

On Thursday 19th of January 2023 twelve members of the Polyglot Club travelled to Holy Trinity Church, Norwich to spend a morning with English+, a Christian charity that supports new communities in Norwich to learn English, form friendships and to make the city a home. They welcome anyone who finds themselves isolated by lack of English language including refugees and asylum seekers; beginners and advanced; young and old; all faiths and none. Six DHS students helped with English lessons for adults whilst the others joined in with 'Chat and Play', a group for mums and preschool children.

On arrival, the church was buzzing with activity and full of people from all over the world; Afghanistan, Sudan, Syria, Venezuela, Iran, Japan, Eritrea to name but a few.

Here is what our students wrote about their visit:

My group went to 'Chat and Play' in the church hall. We walked in and met the leader of the group who went through the rules and asked if a couple of us would help in the kitchen. I raised my hand and so did a friend, we then washed the fruit and chopped it small for the toddlers and made coffee and tea for the mums. We then delivered the drinks to the mums and went to play with the toddlers.

My friends and I helped a girl from Sudan with her colouring and drawing. The girl loved the pink crayon so we tried to teach her the English word 'pink'. Then after a while of playing the mums wanted to ask us questions about what it is like to be a school girl in England. They asked us questions about our uniform, when we started and finished school. Two of the mums told us an interesting fact about their country; if you fail your tests you do not move up to the next grade and you will have to redo it until you pass your test. After that, we answered the mums' questions.

Then we all sat in a circle with the toddlers and the mums and we sang nursery rhymes for them such as The Grand Old Duke of York, Incy Wincy Spider, Twinkle Twinkle Little Star and some more. The toddlers loved the nursery rhymes! We then sang the goodbye song to all of the toddlers and the mums. We helped to clean up by stacking chairs away, cleaning tables and putting toys away. Spending the morning there was such an amazing experience to learn about the different cultures, where the mums came from and all of their stories. **Izzy**

English+



Make this  
city your  
home

Learn English, make  
friends and find  
community in  
Norwich





# Polyglot Club

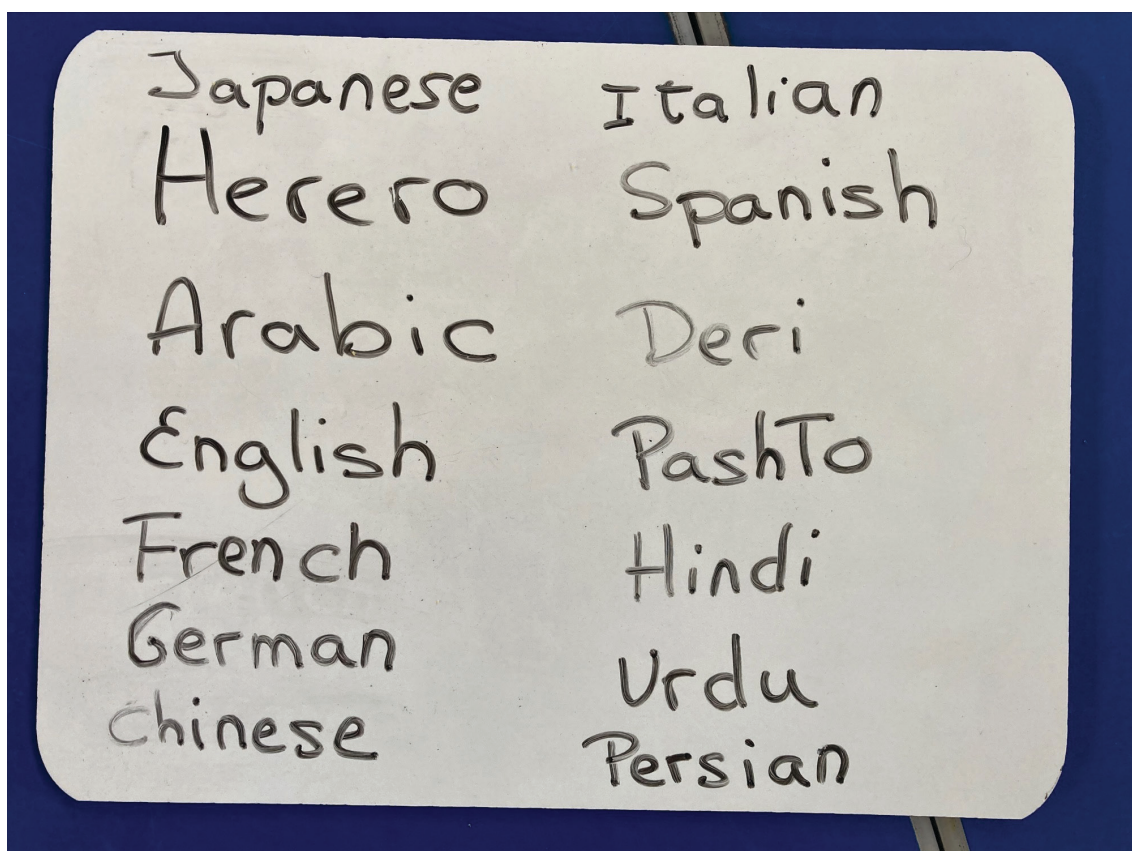


We were put in pairs and were moved into groups where we introduced ourselves and the people (who we were going to help learn English) were introduced to us. There were all types of people there from all over the world India, France and Bulgaria and so many others. **Marcus**

In the church, there were multiple groups of different abilities in English. I sat at a table with people from many countries such as Romania, Ukraine, Portugal, Hungary and China. They asked us questions about our favourite subjects at school and where our school was.

At the start of the session, they were learning the thirteen English tenses. We then had a break for tea, coffee and, most importantly, biscuits. After the break, we then went on to learn about different items of clothing. I helped scribe and we then went on to describe what we were wearing. It was interesting meeting people from so many different backgrounds. **Ross**

This was a wonderful thing for our students to do and experience. The volunteers at English+ spoke highly of our students and invited us to return another time.





# Year 11 Trip to GCSE Science Live



Recently Year 11 Scientists took a trip to hear about the fascinating work of some of Britain's, and indeed the world's most prestigious scientists at GCSE Science Live. We arrived at the famous Corn exchange in Cambridge to and began the day with a talk from Doctor Giles Yeo about gene eating and how our genetics link to obesity. He tackled how our lifestyle compliments our genes and how what we perceive as "bad habits", may actually be linked with our genetic code. We heard about the science

behind the "desert stomach" and everyone at the event was engaged and enjoyed hearing about Dr Giles Yeo's work. Next Doctor Hannah Critchlow took to the stage to demystify the human brain and introduce us to the world of neuroscience. We had live demonstrations of Dr Hanna Critchlow monitoring brain activity and even saw a teacher take part in an experiment involving electric shocks. This talk kept us thoroughly amused whilst also keeping us fully engaged and enthusiastic about the science behind it.

To round out the morning we heard from TV's Professor Alice Roberts; an anatomist, biological anthropologist, author and broadcaster. In her talk she explored our interconnected global ancestry and the human experience that binds us all together to help us find our place in the world. It gave us insights into how the earliest Britons lived, what they thought about morality, how they felt about loss and what they believed whilst also exploring the forgotten journeys and memories of migrations long ago, written into genes and preserved in the ground for thousands of years. By the end of the morning we already had a deeper understanding and interest about a plethora of the countless different parts of science.

After a short lunch break. We received an extremely interesting talk from Professor Jim Al-Khalili CBE FRS. During his section of the afternoon, he discussed the fascinating possibilities of whether time travel is, or more importantly could be, possible. From questioning whether Newton's theories were true to talking about the scientifically accurate hit film Interstellar, Jim had most students gripped and engaged as he weighed up the facts that may support or disprove time travel. While travelling to the past may prove too difficult for technology, Jim concluded that travelling to the future may be more plausible.

Our final talk of the day was led by synthetic chemist Andrea Sella who opened with the question, "How did the zebra get its stripes?" His explanations focused on the dynamic nature of chemical reactions and left many members of the audience completely baffled by the time he had finished, however his comedic nature did serve



as a much needed break from all of the confusing topics. Overall all the students decided the trip was useful for our upcoming GCSE's. Even though the majority of what was said went in one ear and straight out the other, the exam technique tips from the Chief Examiner were useful in preparation.

Toby Townsend and Gethin Harries





# Thought for the Half Term

At prayer space in January one of our prayer stations was about being grateful for what we have and we encouraged the young people to try something Tim had made- nshima. Nshima is a traditional staple food eaten in Zambia which is made with maize and water and is like a smooth, tasteless porridge.

Many of the young people were unsure about trying it – which is understandable! I tried it and although not unpleasant it was tasteless and not at all appetizing. We encouraged the young people to think about the choice of food they might have and how difficult it would be to eat something like Nshima every day. We explained that Nshima fills the stomach and stops hunger pains but that it doesn't contain all the nutrients a person really needs.



This makes me think of a story in the bible called the parable of the rich fool :

16 Then Jesus told them a parable: 'The land of a rich man produced abundantly. 17 And he thought to himself, "What should I do, for I have no place to store my crops?" 18 Then he said, "I will do this: I will pull down my barns and build larger ones, and there I will store all my grain and my goods. 19 And I will say to my soul, Soul, you have ample goods laid up for many years; relax, eat, drink, be merry." 20 But God said to him, "You fool! This very night your life is being demanded of you. And the things you have prepared, whose will they be?" 21 So it is with those who store up treasures for themselves but are not rich towards God.' Luke 12: 16 – 21

It is about a man who stored up his treasures for himself and then died – I don't know about you but I feel quite sorry for the farmer. As far as we can tell, the farmer in our story worked hard for his harvest, and his problem solving skills seem pretty good to me – he has more grain than his barns can hold and so he decides to build bigger barns. In first century Palestine where this story is set, good fortune was understood to be a blessing from God for having lived a righteous (or good) life. So really, we cannot blame this man for feeling pleased with his good fortune.

Imagine how the farmer would have felt when he was called a fool by God! I imagine him trying to say but, but, but God – I worked hard, I use the gifts you gave me, you gave me a large crop and I need to store that crop. I imagine the farmer would have felt quite confused.

But Jesus allows us to hear the workings of the farmer's mind as he puzzles about what to do with his good fortune. If you count how many times the farmer says I or my in the passage – it is 11 times that the farmer thinks of only himself! And I think it is that which was foolish – thinking only of himself.

I offer an alternative version of this story where the farmer had thought to himself,

'what should I do for I have no place to store my crops? I will do this – I will give thanks to God for my good fortune and I will share my grain and goods. And I will say to my soul, Soul, you have received good fortune from God. It is good to share with those less fortunate; give, love and be joyful!

The treasures we receive are from God – they are not ours to store up for ourselves and so we should thank God for all the many treasures that we have received and share them with others. Then we are rich towards God.

As chaplains at school, Tim and I speak to many students about their worries and things that they find difficult in their lives. One of the themes that has been coming up recently is the worry about money; the cost of living crisis is affecting most of us and the impact is felt by all ages.

At Debenham parish church we run a Parish Pantry every Wednesday between 10 and 11am, in church where you can pay £3 for a bag of food. We also have a café in Dove cottage from 10 – 12 where you can have a cup of tea or good coffee and some cake for a donation. All are welcome, no referral needed.

Tim is part of The Forge church and they have various initiatives to help those in need including a furniture bank providing furniture for those unable to afford what they need. They also run The Moses Project which provides a basket full of baby items for new parents who are struggling to get the things needed for a new arrival.

Both of our churches also offer a hardship fund. We simply want to share what we can with those who need it in the same way as the farmer could have in my alternative version of the bible story. So please do be in touch if we can help in any way.

Tim & Tracey  
Debenham High School chaplains.



# Young Enterprise - East of England Runners Up

## Koazy come Runners up at The East of England Dragons Den Competition!

Wednesday 25th January was the regional Young Enterprise Dragon's Den competition. For this event, a team of four Koazy members, Noah MD, Dan deputy MD, Olly, Sales Director and Jude Finance Director, created a presentation summarising what we have accomplished so far and how we plan to continue up to the final competition in April. Their 5-minute presentation, had to cover the mission statement of the company, our logo and initial concept, a summary of our sales, marketing and teamwork, along with a comprehensive financial summary. To prepare for the competition the team presented at an assembly to the upper school the day before, to hopefully eradicate any potential nerves. The competition was judged by a panel of two 'dragons' against 32 other Young Enterprise businesses across the East of England, which were predominantly run by A-level students. It provided a vital opportunity to practice our presentation skills prior to the main Young Enterprise competition and to begin collating key information about our business. We were delighted to win the Runner Up Award, coming in after Sandringham School who won. The award and certificate will be presented to us at the area showcase competition to be held at UEA in April. Our feedback, cited, professionalism, great teamwork, innovation and our financial position as strengths of the company, with us scoring 37/40 from the judges.



This term we have focused on evolving our business to fit the change in season and to expand our knowledge of running an enterprise. As spring is approaching, we decided to halt production of our blankets and find a new product range that would fit with our company aims and values; providing affordable solutions to benefit people's health. After deliberation, we decided to sell wheat bags and weighted eye masks which we will be starting to produce this week. These products match our theme of keeping our customers 'koazy', with the added benefit of relaxation. They are also versatile and can be put in the microwave to use as a heat pad or the freezer to treat sports injuries. We have selected a variety of on trend fabrics that will suit most homes, and we think are perfect for Spring. We plan to stock the new items in local businesses as well as continuing to sell at trade events. We have our first meeting arranged with the business owner of Meraki in Debenham.

Prior to the Dragon's Den event we focused on expanding our digital marketing presence to help our products reach a wider audience. We created new Instagram and TikTok accounts and began posting. Our first posts were introducing our team and their roles within Koazy. In a matter of days our first TikTok amassed over 2,000 views and has continued to grow. We have also spent time planning what we will be posting in the future, and how to make our accounts more interactive. We also intend to enter a regional Young Enterprise advert competition later this month.

Although the end of the Young Enterprise year is approaching, we intend to use the remaining time to develop our business and prepare for the final stages of our journey. The launch of our new products, and our marketing enhancements, will ensure that our company stays active and continues to produce excellent value and high-quality products to keep everyone 'koazy' in 2023 and beyond.

Written by Emily Hall (Company Secretary) and Mrs Wilson



# Year 8 Art



We have seen some spectacular Surreal Art from Year 8 students this term Well done to all the artists.





# Dora Love Prize - Year 9

On 11th January, I had the pleasure of accompanying a small group of Year 9 students to participate in the launch event for this year's Dora Love Prize hosted at the Colchester campus of the University of Essex.

Dora Love was a survivor of the Holocaust and until her death in 2011 spent much of her life raising awareness that the attitudes which made the Holocaust possible – intolerance, discrimination and outright hatred of those who are regarded as 'different' for whatever reason, are still alive all around us. The prize, run annually, is awarded each year for the best Holocaust awareness project by a school or college in the Suffolk, Essex and North London area. Each year the prize has a theme - this year it is 'Ordinary People'. Ordinary people were victims, perpetrators and enablers of the Holocaust, ordinary people stayed silent, but they also carried out extraordinary deeds to save the persecuted, disrupt the system, rescue those fleeing, advocate for the voiceless and to be a salve in the darkest of times.

On the launch day, the students spent time listening to Professor Rainer Schultz, Professor Em. of Modern European History at the University of Essex, explaining the purpose of the prize and outlining the parameters of the project.



They then engaged in a diverse range of workshops, both arts based and academic to stretch their knowledge and their imaginations about what could be possible for their project. After an opportunity to explore the campus, the afternoon concluded with the memorable experience of listening to the testimony of a survivor of the Holocaust, Paul Sved BEM. Paul shared with the 200 students present, his memories of his childhood in Hungary as a Jew, and what he and his mother did to evade deportation by the Nazis and their collaborators. He also described how difficult life was after the war, when instead of being persecuted for being Jewish, he was considered a 'class enemy' of the Hungarian Communist government due to being considered bourgeoisie. With the events of the Hungarian Uprising in 1956, Paul left Hungary and travelled to the UK as a refugee. After completing his education at the University of Leeds, he made a life for himself in the UK. 69 years after the liberation of Auschwitz, having the opportunity to listen to and be able to engage in a question and answer session with a survivor of the Holocaust is an increasingly rare and precious experience. The responsibility to share the messages of those last survivors passes to us all.



The Debenham High School Dora Love group will be planning and launching their project during Diversity Week and presenting their work in June back at the University. Our focus will be on the persecution of the Roma and Sinti communities during the Holocaust and what actions we, as 'ordinary people', can take to stand up against persecution and discrimination, directed towards those of Romany and Gypsy heritage and those within the Traveller communities in the UK.



# Language Leaders



Just before Christmas, a group of eight language leaders had the opportunity to enjoy an afternoon of French inspired Christmas activities at Sir Robert Hitcham primary school.

Mrs Woodhouse accompanied us down and then helped us lead the lesson with activities we had already planned. Charlie Dibbs and Max Uttley taught a Snowman Song followed by making bookmarks, Sky Bayes and Ella Townsend led a French snowman building race, Emily Washington and Lily Kemp made a sapin de Noel (Christmas

tree) craft and Ella Mitson and Evlyn Bosworth did colour by numbers in French.

It was a lovely experience for both the year 9s and the year 4s and we were very lucky to get the opportunity.



Overall, it was a very successful and fun afternoon filled with lots of French. We'd love to do something similar in the future and get younger students more involved in learning languages as it's great fun for both them and us.

Merci beaucoup MFL teachers and Debenham Primary for letting us do this!

Sky Bayes and Ella Townsend – 8O





# Year 10 Food & Nutrition

In Food Preparation and Nutrition, our Year 10s have been exploring the primary and secondary processing of food where they learnt about the production of flour. Here in their practical lesson they were learning about how flour is turned into pasta by using the pasta machines. They turned their pasta sheets into Ravioli served with Tomato Sauce. Delicious!



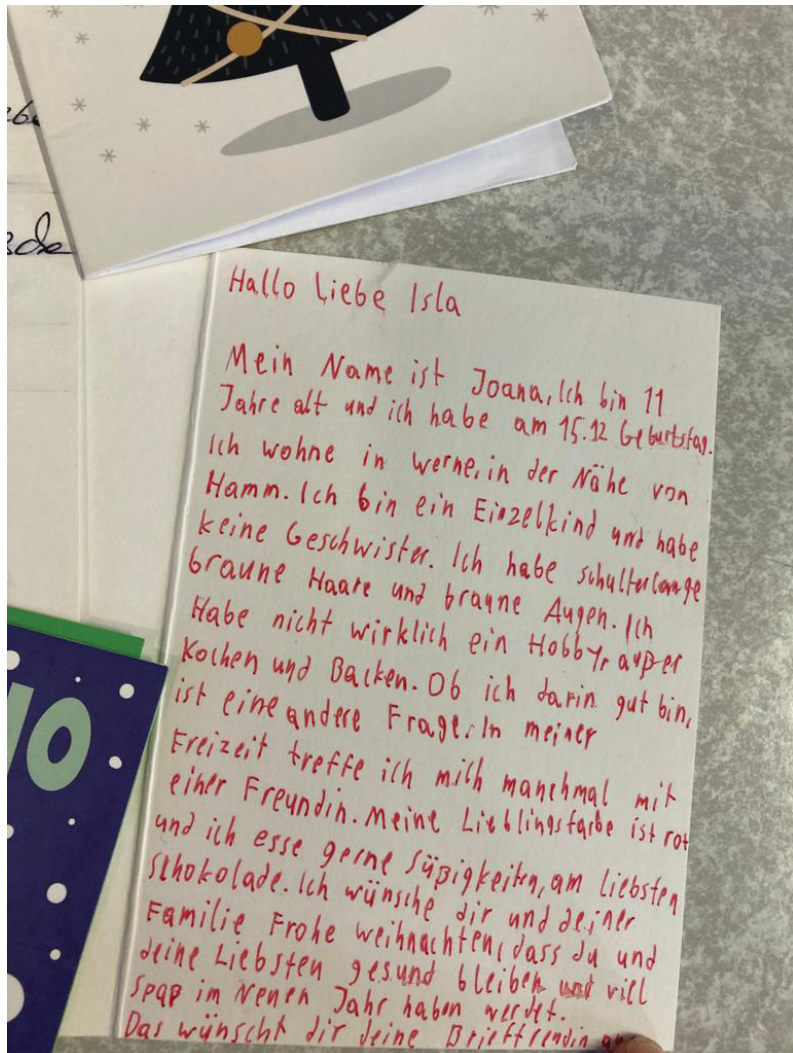
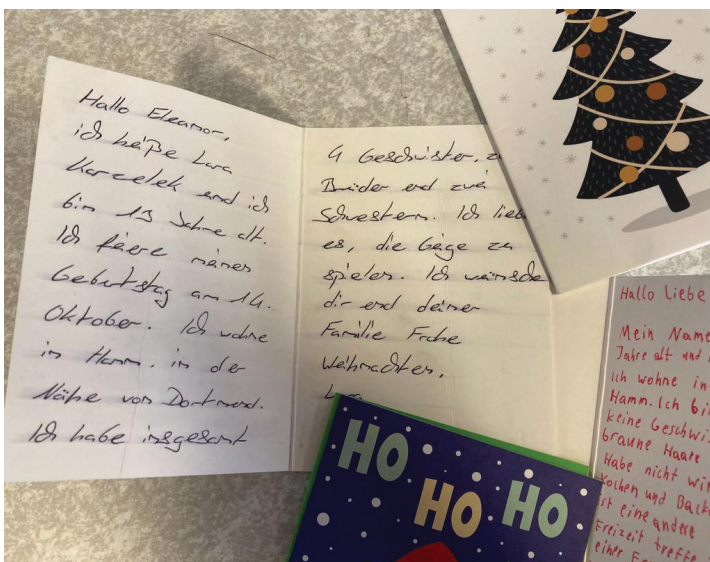
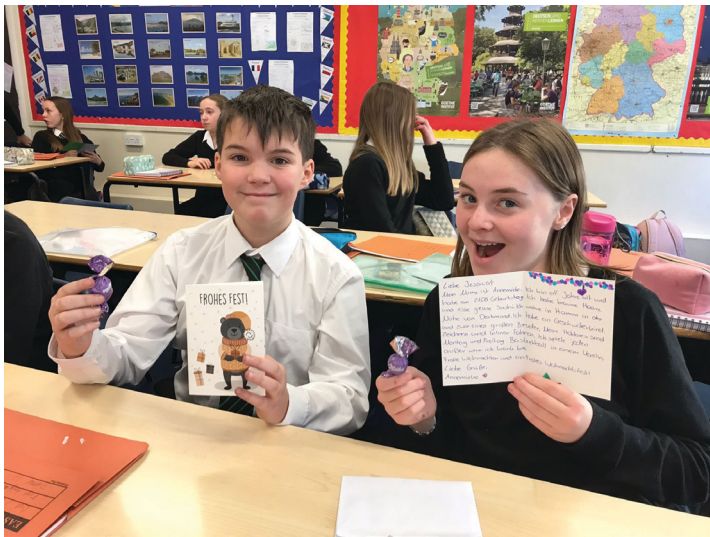


# German Exchange Project

Our Year 7 students took part in a Christmas Card Exchange with our new partner school Landschulheim Schloss Heessen (LSH).

It was wonderful to see the students' faces when they opened their cards, and to hear them express their desire to continue with the correspondence.

LSH is a small boarding school with around 300 students located in Hamm, in Nordrhein-Westfalen. The building is an old castle and has been a school since 1957. Many students live here during the week or even in the holidays, with some coming from Mexico, China and Russia. The students at the school like to play on the "island" which is part of the schoolyard and is surrounded by a river, although the island is closed in the winter. In the summer months, students play volleyball on the island. Frau Köster and Mrs Douglas are working together closely on future projects and are busy planning an Exchange Visit which we hope will take place when our new Year 7 students of German reach Year 9.





# Jewellery Making Workshop

Ten Textile and Resistant Materials students took a trip to Framlingham College, where they experienced making jewellery first hand. Students felt they had left with a new skill which some are considering including in their GCSE final pieces.



They began by sizing their fingers for the ring by using a ring sizer, with some making theirs for family members and friends.

They completed rings in Copper to understand the concept of using a mandrel to shape the metal and Soldering a join before they moved onto Silver. Many faced difficulties whilst using the mandrel as they found Copper not to be as malleable a material as Silver, but they overcame their problems with the help of the Mr Buxton, Director of DT.



The students left taking away not only skills but also one copper ring and one silver ring that they had handmade to fit.

Many found this workshop to be very inspiring and encouraged them to want to continue learning Jewellery making skills in the future.

We would like to say a huge thank you to all the staff in the Design Technology department at Framlingham College who gave us the opportunity and support during the day.



# School Production



December saw the performance of our School Production of "High School Musical", the performances played to a packed hall on both nights and then again for our students on the last day of term.

As ever the students displayed some amazing talent, true commitment and a real sense of joy in their performances. The cast was a large one and gave the opportunity for so many of our students to take part, whether this was through being on stage, working on sound and lighting or being part of the Orchestra who played live with the performances.



As ever these events don't just happen and the students were incredibly well supported by the staff, Mr Rinaldi, Mr Hardcastle, Mrs Wilkinson and a special thanks to one of our ex-students Rhianna Melton for her work choreographing the show.

A fantastic performance and we all look forward to the next show this year.





# Sports Roundup .....

## Indoor Futsal competitions

All year groups have been attending, or will attend, area group competitions with the chance to then play in County finals.

The U15 girls won their County final, scoring 10 goals without conceding any against Stowmarket, East Point, Northgate and Copleston.

The U14 boys qualified to play Sir John Leman, Copleston and KEGS, and finished a respectable 3rd, losing 2-1, 3-2, and winning vs KEGS 4-1.

The U12 Girls have qualified for their county final, after beating Horringer Court and Stowupland in their qualifying tournament. The U13 Boys and Girls have their respective rounds after half term.



## Football

The weather has affected some games here, but the U14 Boys remain our only team left in the male competitions, they beat Bungay 7-1 in Round 2, and will now face Breckland in Round 3.

The U14 girls are through to a quarter final vs Sir John Leman, while the Girls will next face Chantry High.

The U16 Girls are due to play KEGS in their quarter final after half term.

The U13 Boys lost their Round 2 game 6-2 to a strong Bungay side.



## Year 7 Dodgeball

In what was their second game of the school year, the Year 7 dodgeball team went to Thomas Mills for a friendly fixture. Some good dodgeball play was on show and many new and different variations were played which meant everyone had a great time.





# Sports Roundup

## Badminton

There have been a few friendly competitions between ourselves and Thomas Mills and Hartismere. This has seen us compete with different age groups, gender, singles, doubles and some round the World competitions. All great fun and its been great to see so many students involved in these.

### U16 County Badminton Finals

On Friday 19th January both the boys and girls teams headed to Ipswich, to take part in the county finals. As you would expect at this level of competition, the standard was very high with some excellent players on show. In the boys competition, the boys found it very tough going and although they played well, they ended up finishing in 6th position. The girls however faired much better and in winning three of their five games, they finished a very respectful third. On another day they may even had won it!



### U14 Girls Badminton County Finals

U14's went to Ipswich for the County Finals. They played 5 matches, combination of singles and doubles. They had some very close games against some tough opposition, finishing with 9 games won. Overall they came fifth. Well played everyone, every game counted towards the overall result.

Players were: Sienna Crane, Amelia Lock, Ashlee Banham and Evie Morris.



## X-Country

After finishing in the top 10 of the last schools x-country race, Max (right) and Aidan (left) have both been selected to be part of the Suffolk X-Country team. Very well done to them both on an outstanding achievement. A special mention should also go to Ella Kading in Year 7 who, in finishing 20th just missed out on selection for the county squad.





# Sports Roundup

## U13 Sportshall Athletics

The start of January saw the area sportshall athletics competition take place at Bungay. This was the first time the vent had taken place, in person, since 2019 and it was great to have it back. After an evening of intense running, jumping and throwing and some great individual performances, the boys team ended up winning, with the girls coming second (missing out on first by only four points). This saw the boys team make it through to county finals, which are held in Newmarket. Good luck to the team at this event.



## Alternative Sports

In the second alternative sports event of the school year, the school took students from years 7 and 8 to take part in a boccia tournament. Split into two teams, all students performed well and it was a pleasure to have them representing the school.

## U12 and U13 Netball

The girls have had one match against Thomas Mills. They are developing well and played well despite the cold temperatures. The U12's had a win, the U13's were a close loss.



Debenham High School



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