

Surviving or thriving the teenage years?

MONDAY 6 FEBRUARY 2017
7.00p.m. - 8.30p.m.

DEBENHAM HIGH SCHOOL

We invite parents, carers, colleagues, indeed anyone who cares about the development of young people to a talk on what makes teens tick. Dr Hazel Harrison, is a Clinical Psychologist with more than 10 years' professional experience in both the National Health Service (NHS) and private sector. She talks from experience and professional expertise about what you can do to help teenagers navigate the teenage years with confidence and success.

Through years of working clinically with young people she sees all too often what happens when young people struggle with their mental health. Hazel will give clear advice on how we can all be proactive in building positive mental well-being.



Dr Hazel Harrison delivered a session to Debenham High School staff in September and we continue to engage with her on our work with young people. We think she is worth listening to, but don't take just our word for it, here are some endorsements from others who have heard Hazel speak:

We were all so impressed by your presentation today, not just the content, which was superb, but by the calm and engaging way in which you explained what it is to be positive.

Director of Curriculum, Suffolk One

I just wanted to say again how useful and enjoyable I found the conference yesterday. Fantastic speakers and some really useful practical advice given. Hazel Harrison was a particular highlight.

Delegate who heard Hazel speak at a conference at Framlingham College

Listening to Hazel present is like watching a TED talk but with the chance to ask questions.

Director, Yellobelly

The session is free to parents and carers of Debenham High School and Debenham Pyramid Primary Schools.

We do need to have a sense of numbers in order to best accommodate the evening. Please contact the school (email office@debenhamhigh.co.uk or call) if you wish to attend.



MID SUFFOLK
TEACHING SCHOOL
ALLIANCE